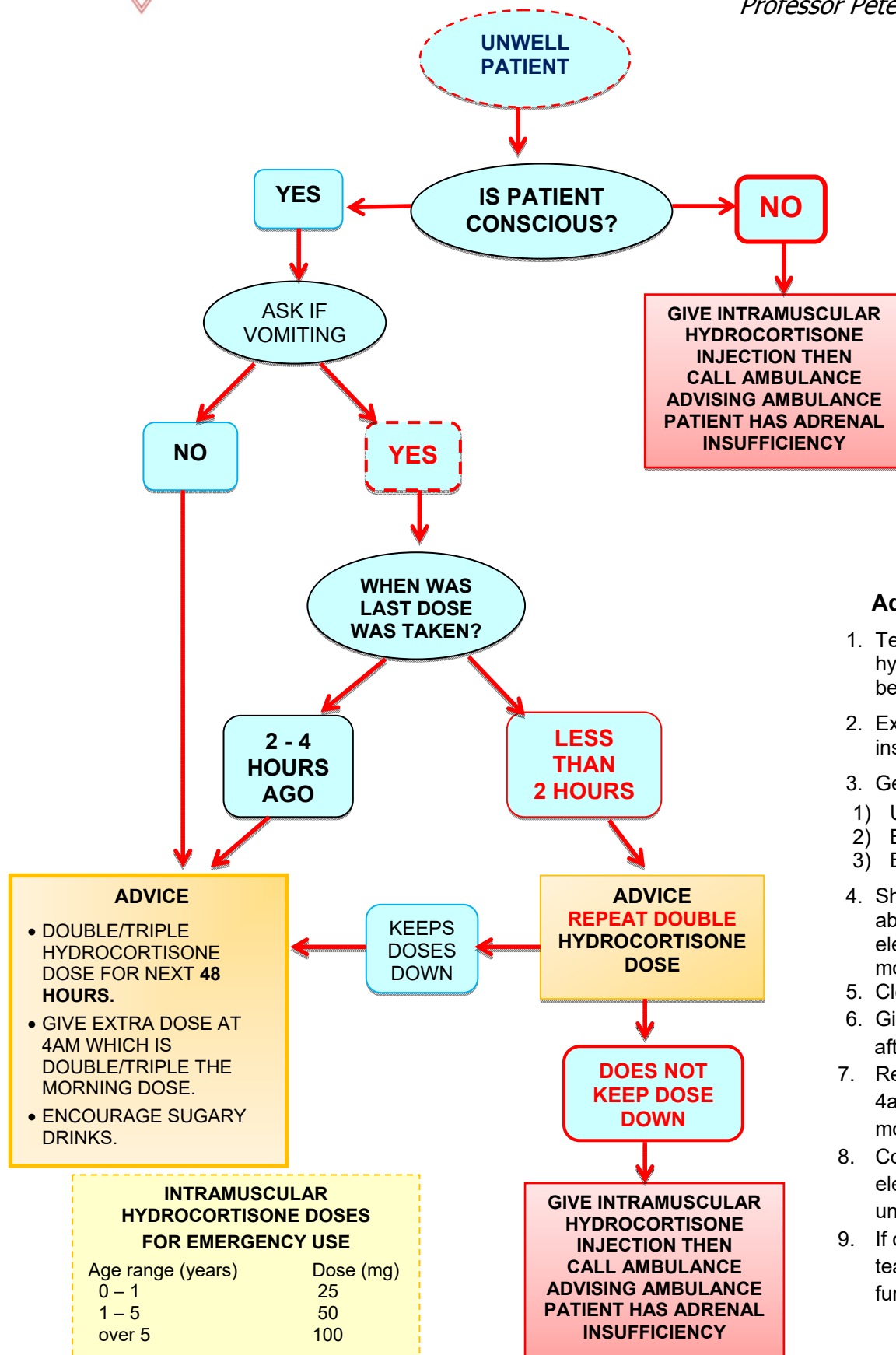




QUICK GUIDE TO ILLNESS HYPOPITUITARISM

Professor Peter Hindmarsh



Advice for going to A&E

1. Tell A & E staff that emergency hydrocortisone has already been administered.
2. Explain child has adrenal insufficiency.
3. Get the following measured:-
 - 1) Urea and electrolytes.
 - 2) Blood glucose concentration.
 - 3) Blood Pressure.
4. Should any of these levels be abnormal admit for glucose, electrolyte and blood pressure monitoring.
5. Close monitoring for 6 hours.
6. Give double dose 4 hours after injection.
7. Recommend an extra dose at 4am which is double/triple the morning dose.
8. Continue regular monitoring of electrolytes and blood glucose until stable.
9. If on DDAVP your endocrine team must be contacted for further advice.

INTRAMUSCULAR HYDROCORTISONE DOSES FOR EMERGENCY USE	
Age range (years)	Dose (mg)
0 - 1	25
1 - 5	50
over 5	100