



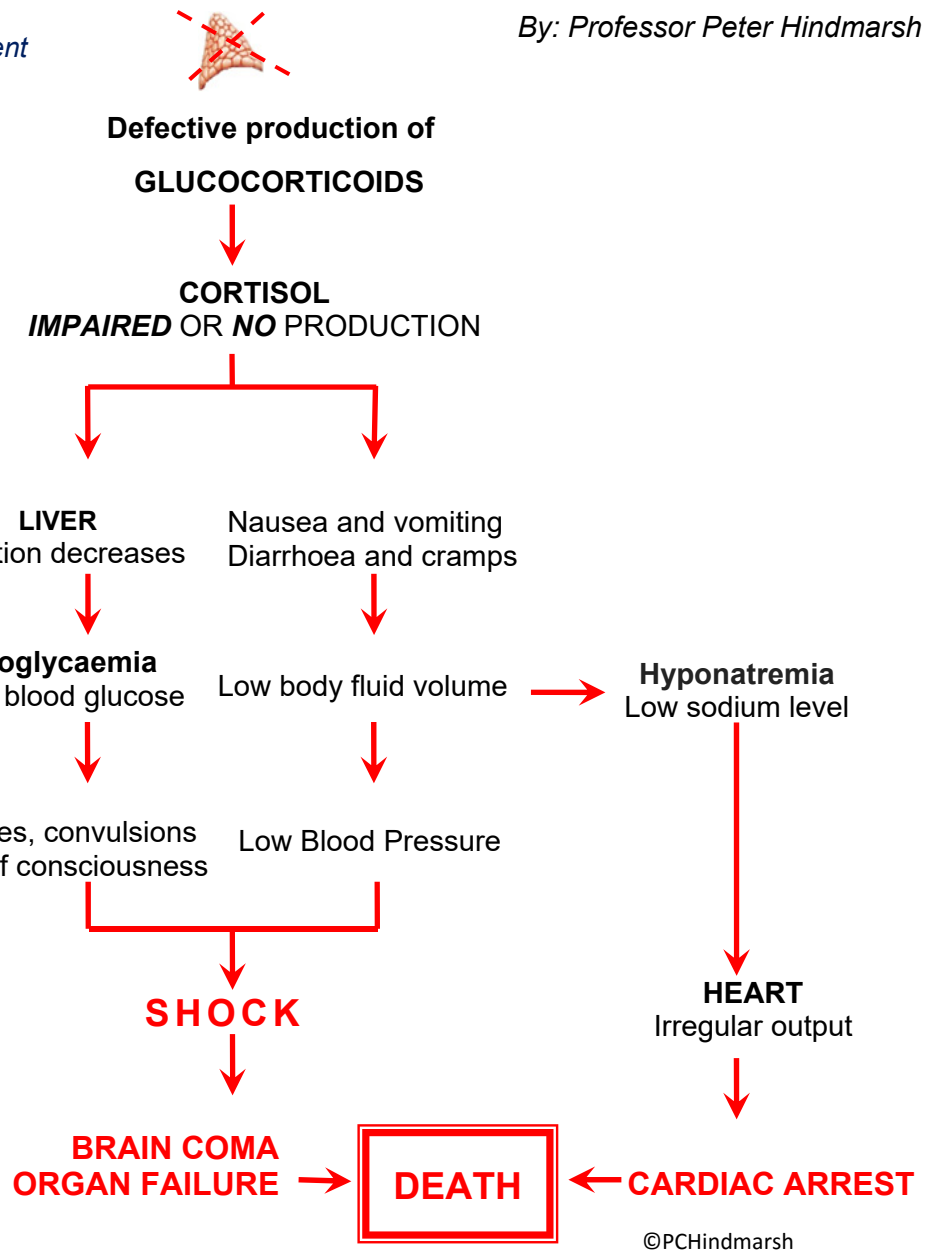
*Hypopituitarism*

## ADRENAL INSUFFICIENCY - HYPOPITUITARISM ADRENAL CRISIS - PATHWAY OF EVENTS

Life Sustaining Cortisol replacement therapy needed with one of the following glucocorticoids: -

- Hydrocortisone
- Prednisolone
- Dexamethasone

By: Professor Peter Hindmarsh



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**Lifesaving Bolus of Hydrocortisone urgently needed by intramuscular injection or IV.**

**UK standard recommendation**

**Hydrocortisone Emergency Bolus Dose Solu-Cortef or Efcortisol**

**Dose (mgs)    Age (years)**

**25              0 – 1**

**50              1 – 5**

**100             over 5**

**Glucose as intravenous infusion also needed**

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"The ideas expressed are independent of the authors' affiliations. Data provided is from current literature and should always be discussed with your endocrinologist first"